

53 Mile Freedom Valley Route (rolling) ~53 mi

<http://www.mapmyride.com/route/us/pa/philadelphia/159125147228063316>

Beginning at 33rd and Chestnut:

1. North on 33rd Street
2. R on Race Street
3. L on N 32nd Street
4. R on Powelton Ave
5. L on N 31st Street (becomes Mantua Ave)
6. R on N 34th Str/US-13, follow across the bridge
7. X Girard, stay straight to continue on Lansdowne Dr
8. R onto N 40th Street, follow to N Concourse Street (through the memorial arches)
9. X Belmont Ave, continue on N Concourse
10. Follow N Concourse around the roundabout, exit R on 52nd Str Dr (about 2/3 of the way around)
11. Bear R onto Georges Hill Dr
12. L onto Wynnefield Ave
13. R onto Bryn Mawr Ave
14. X City Line Ave, continue on Bryn Mawr Ave
15. Quick R onto Montgomery, quick L to follow Bryn Mawr Ave
16. Quick L onto Bala Ave, quick R to follow Bryn Mawr Ave
17. Bear L to stay on Bryn Mawr Ave
18. R onto Old Gulph Rd
19. Bear L to stay on Old Gulph Rd
20. Bear R to go onto Dove Lake Rd
21. Bear L to stay on Dove Lake Rd
22. L onto Black Rock Rd
23. R onto Old Gulph Rd
24. R to stay on Old Gulph Rd
25. Bear L onto E Upper Gulph Rd
26. R onto S Gulph Rd/PA-320
27. Bear R onto Trinity Ln/PA-320
28. Bear R onto Holstein Rd/PA-320
29. Bear R onto Swedeland Rd/PA-320
30. Bear L onto Schuylkill River Rd/PA-23
31. L onto Coates Str/PA-23
32. R onto E 4th Str/PA-23
33. L onto Dekalb Str/US-202
34. R onto W 5th Str
35. Bear L onto Ross Rd
36. R onto N Henderson Rd
37. L onto W Beidler Rd
38. Bear L to stay on W Beidler Rd
39. R onto W Valley Forge Rd/PA-23
40. X US-422, stay straight on PA 23
41. R to stay on Valley Forge Rd/PA-23
42. Bear R to stay on Valley Forge Rd/PA-23

- 43. R onto Ferry Rd**
- 44. R onto Pawlings Rd**
- 45. R onto Egypt Rd**
- 46. R onto Ridge Pk/W Main Str**
- 47. R onto Conshohocken Rd**
- 48. Conshohocken Rd turns into W Elm Str**
- 49. X Fayette Str, stay straight onto E Elm Str**
- 50. L on Sandy St**
- 51. R on E Hector Str**
- 52. R on Barren Hill Rd**
- 53. Bear R on River Rd**
- 54. R to stay on River Rd**
- 55. Bear R onto Nixon Str**
- 56. L onto Shawmont Ave**
- 57. 180 to the R to go onto Minerva/Umbria Str**
- 58. R onto Leverington Ave**
- 59. L onto Main Str (Manayunk)**
- 60. follow Main St onto Ridge Ave**
- 61. R at exit to Kelly Dr (just past the bus stop)**
- 62. follow Kelly/River Dr to Calumet Str**
- 63. R onto Falls Bridge (or continue straight onto the path)**
- 64. L onto WRD**
- 65. R onto Sweetbriar (stoplight)**
- 66. L onto Lansdowne**
- 67. X Girard, stay straight to continue onto 34th Str/US-13**
- 68. continue on 34th Str to Walnut Str**